



Play it Now Sports

Adult Volleyball League Rules and Info

Pricing---All Play it Now Sports adult volleyball leagues are done by team sign-up. Cost per team is \$240. A discount of \$20 can be taken by making one team payment. Players looking for a team may call the facility to be placed on a team.

Format---PINS format is 3 sets to 25 pts. NO Cap. Win by 2 pts. We track matches won/lost as well as sets won/lost. We play 3 sets to give everyone more volleyball when you come to play. Teams that are playing early---PLEASE get your match started on time. Game time vary depending on league. All PINS leagues will adhere to the USAV rules unless noted here otherwise.

NO Refs---All PINS adult volleyball matches are self refereed. NO ref fees are due. Please help us by calling your own violations. If both teams can't agree then replay the point. This would include things like in the net, foot faults on serves, touches on blocks and line calls. Be honest and everyone has fun.

Rosters and Coed teams---All PINS rosters for teams are open during the season. Subs must be of similar or lesser skill than the division they are playing. Coed 4's teams are required to have at least 1 woman player on the court at all times and Coed 6's teams must have 2 women on the court at all times. We DO NOT play the rule where a woman must touch the ball. However, Coed teams cannot play around the women players on the court. Opposing team should call this out when it happens regularly with a match.

NET Rules---Starting with all seasons that begin after 10/1/16 players are no longer allowed to contact the net (top to bottom). This would include attack hits, blocking and setting the ball. Contacting or touching the net results in a point for the other team and service. Both teams should be calling in the net plays.

One Hand Open Dinks---NO one hand open dinks are allowed in the 4's leagues. 1 hand dinks are acceptable in 6's leagues. 4's players must either swing, fist, or get 2 hands on a ball playable at the net.

Back row vs. Front row---In PINS 4's leagues there are not front row/back row players. All players may hit from any position on the court. i.e there is no back row attack violation in the 4's leagues.

Rotation on the court---PINS 6's teams must stay in rotation throughout each set including the service. 4's leagues do not have this stipulation. 4's teams are allowed to rotate throughout the set or they may choose to line up in one position for the entire set. In other words there are not rotation or overlapping rules that apply for the 4's leagues. However, all 4's teams must serve in rotation for the entire set. 4's teams that have more than 4 players are allowed to sub during the set in any manner they choose as long as the rotation stays consistent throughout the set. NO player in 4's may serve more than once every 4 rotations.

Reverse Coed rules---For PINS reverse coed leagues all the above including all USAV rules apply with the following exceptions:

Men may not block. Women players may block. Men are only allowed to hit in front of the 10 ft line if the ball has some arch to the hit regardless of whether the ball is contacted above or below the net. Men have no hitting restrictions when hitting behind the 10 ft line. Approach must involve feet in contact with the floor behind the 10ft line when approach is made. Men who hit down in the front court or approach to hit and their feet contact the floor in the front court will result in a fault and point for the other team. Women may hit from anywhere on the court without restrictions.

Tournament Rules---Rules for PINS tournaments will follow the same guidelines as listed here. Any changes or deviations from what is listed will be reviewed before the tournament begins.