



# Sarah Sherlock

Sarah began her dance training at the age of two in upstate New York. She trained under Tina Christina Price and Rafael Grigorian with other training from Central Pennsylvania Youth Ballet and Ballet Magnificat. She has graduated from Youth with a Mission School of dance in 2012 where she has trained and studied in multiple dance styles, the art of creating dance, and also how to teach and train other dancers. In summer of 2012 Sarah went to London to take part in Project Dance during the Olympics. Recently Sarah has danced professionally with Ballet Emmanuel in Colorado Springs, where she had the opportunity to perform and teach around the states.

## **Teaching Experience :**

2013-2014 Professional Dancer at Ballet Emmanuel - Touring and teaching master classes as well as workshops around the nation.

2013-2014 Zumba Instructor at Anytime Fitness

2012-2013 Ballet, contemporary, Zumba, Instructor at Steps International Dance Studio

## **Training:**

1994 Art of Dance- Ballet

1997-1998 Carousel City Youth Ballet

2005-2008 Ballet Arts Theater

2005-2010 Lighthouse Academy – Ballet, contemporary, modern

2007 Central Pennsylvania Youth Ballet

2008-2010 Raphael Gregorian School of Ballet

2010-2012 Amber Perkins School of the Arts – Ballet, contemporary

2010-2011 Kermidas Dance Company- Modern, contemporary

2010 Ballet Magnificat

2012 University of the Nation's Youth with a Mission School of Dance Studies

2012 Project Dance in London